



Dear patient and/or visitor,

We are happy to inform you about food and drinks in our hospital. The nutrition assistant will visit you throughout the day to ask what you want to eat and drink.

Starting from the chef's menu, the nutrition assistant will ask you for your choice of hot meal. Would you like to eat or drink something else that is not on the menu or receive information about allergens? Feel free to ask your nutrition assistant. She will be happy to tell you more about the possibilities.

If a product does not fit into your diet or is not in stock, the nutrition assistant will help you choose an alternative. Due to the rules and legislation, the food offered can be eaten up to two hours after delivery. This is to ensure the quality of the product. After this, it is at your own risk.

Every day there is the possibility to make use of our extra service 'a meal to take home'. Ask your nutrition assistant about the menu of the day!

You can order the meal before 13:30 h.

Nutrition Care Antonius

Menu Bread serving trolley

Bread

- Wadden bread
- Tarvo bread
- White bread
- Rye bread
- Wholemeal rusks
- Raisin bread
- Sugar bread
- Wholemeal crispbread
- Cream crackers
- Lentil waffles
- Gluten-free bread

Butter

- Light margarine
- Margarine Daily Gold

Sweet toppings

- Strawberry jam
- Honey
- Fruit sprinkles
- Dark chocolate sprinkles
- Peanut butter
- Apple syrup

Cake

- Wholemeal gingerbread cake
- Wholemeal biscuit
- Filled cake*
- Apple cake*

*= on request only

Savory toppings

- Smoked beef
- Ham
- Chicken breast
- Pate
- Hummus
- Young matured cheese 30+
- Cumin cheese 48+
- Cream cheese 15+

Beverages

- Coffee
- Decaf
- Tea (green tea / rooibos)
- Pepsi cola
- Sisi zero

- Rivella
- Lemonade syrup
- (lemon / raspberry)
- Slimpie syrup (sugar-free raspberry)
- Fruit mix syrup
- Concentrated apple juice
- Orange juice

Dairy

- Semi-skimmed milk
- Lactose-free milk
- Buttermilk
- Chocolate soy drink
- Banana soy drink
- Yogurt drink (Mango-Passionfruit)
- Full-fat yogurt
- Low-fat yogurt
- Lactose-free yogurt
- Custard (Vanilla / Low-fat vanilla)
- Orange custard
- Quark (plain / strawberry)
- Oatmeal porridge
- Semolina porridge

Extras

- Fruit (various types)
- Cucumber / tomato
- Peach slices
- Soaked prunes
- Applesauce
- Chicken broth
- Broth (tomato / garden herbs)
- Boiled egg (Thu-Sun)
- Salt/pepper

Dietary foods:

IDDSI 4/5

- Liquid whole wheat bread
- Mango smoothie
- Apple tart
- Italian cheese
- Creamy tomato

Energy-rich and protein-enriched

- Bread E+
- EN+ Custard (Vanilla / Strawberry / Banana)
- EN+ Yogurt
- Nutridrink Cream (Vanilla / Forest fruits / Mocha)
- Nutridrink Compact Protein (Vanilla / Strawberry / Banana / Mocha)
- Nutridrink Juicy Style (Apple)
- Nutridrink Juicy Plus (Mango-Pineapple / Raspberry)

- Nutridrink Plant-Based (Mango-Passion Fruit / Mocha)
- Fortcare Advanced (Mango-Peach, Red Fruits)
- EN+ Apple / Apricot Puree

Small snacks

- Easy to eat raspberry
- Easy to eat cinnamon
- Easy to eat tropical
- Strawberry cake roll
- Cheese cubes
- Carrot cake
- Cheesecake
- Bonbon

Just for the kids

- Cracotte plain crackers
- Corn puffs
- Bastogne biscuits
- Ladyfingers
- Plain crisps
- Bifi sausages
- Raisins
- Hazelnut spread
- Danoontje (little yoghurt cups)
- Breaker (squeeze yoghurt)
- Fruit pouches
- Nutrinidrink
- Smoothie (Red fruits)